CYO sports are offered through St. Albert the Great for students (typically in grades 4-8) enrolled in St. Albert or who are enrolled in Religious Education through St. Albert the Great.

CYO Soccer (Grades 4-8)

Team counts due to CYO office late May.

Registrations begin in mid April to late May.

Practices start late July to early August.

Games begin late August and run through early October.

CYO Golf (Grades 4-8)

Registrations begin in mid April to early August.

Rosters are due to CYO office end of August.

CYO Basketball (Grades 4-8)

Team counts due to CYO office late September.

Registrations begin in late August to late September.

Practices start mid October.

Games begin late October or early November and run through late January.

CYO Volleyball (Grades 4-8)

Team counts due to CYO office late December.

Registrations begin in middle of October to late December.

Practices start late January.

Games begin mid February and run through mid April.

CYO Track (Grades 3-8)

Registration begins mid March to late April

Rosters due to CYO office late April.

Meets begin late April and run through late May.